“excellence in all we do”

College update

Mid-term work completion reports for Year 10 & 11 students are being posted home with this newsletter. Year 12 work completion reports were posted home last week. Please discuss these with your student and follow-up with teachers any issues, so that student achievement is optimised and all are well prepared for upcoming exams.

Last week our College community participated in a School Review process – conducted in all NT schools every 3 years. An external review team investigated our data, visited many classes and programs, speaking to many students, staff and parent representatives on College Council. The recommendations from this review will be shared with the College community and will guide the setting of our future priority areas for improvement.

Thanks and well done for respectful participation and involvement to all students and staff involved in our recent ANZAC Day assembly and the local ANZAC Day march. Student leaders – Sabian McLaughlin-Liddle & Briar Roach from Clontarf & Girls Academy, represented the College in laying a wreath from the College at the mid-morning service atop ANZAC Hill.

This week we say farewell and great thanks to Clontarf Academy mentor Ian McAdam. ‘Macca’ was an inaugural mentor with the Clontarf Academy program when it commenced in Alice Springs a decade ago. He worked at ANZAC Hill High and Centralian Middle Schools, prior to becoming the Director of the Clontarf program at our College two years ago. We wish him well as he commences in a similar mentoring position with the local Right Tracks – Red Tails employment program.

Over the last week most Year 11 & 12 students have participated in the Safetalk program, delivered by Lifeline staff. The aim of Safetalk is to reduce suicide stigma and become more aware of suicide prevention. Our young people engaged in the workshop learning skills how to identify people with thoughts of suicide and connect with lifesaving resources.

Related to this topic, please find attached to this newsletter a guide from Headspace in relation to ‘13 Reasons Why’, a series that is currently running on Netflix. We encourage you to monitor your young person's viewing activities. If you support your young person to watch this series, we strongly encourage you or an appropriate adult either watch the show with them or engage in a conversation with them about the show.

Please do not hesitate to contact me or our College Counsellor Taegen Pascoe (Phone: 8958 5015 Email: taegen.pascose1@ntschools.net), if you wish to discuss this or any other matter further.

Tony Collins — Principal

UPCOMING DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thursday 8 June</td>
<td>Stage 1 (Year 11) exams commence — see timetable following</td>
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<tr>
<td>Monday 12 June</td>
<td>Queen’s Birthday Public Holiday</td>
</tr>
<tr>
<td>Thursday 15 June</td>
<td>Year 10 exams commence — see timetable following</td>
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CONTACT US: Centralian Senior College  Phone: 08 8958 5000  Email: admin.centraliansc@ntschools.net
Text Message: 0427 135 122  Website: www.centralianseniorcollege.com.au
The DriveSafe class of 2017 was a great success with 7 Clontarf students completing the 6 hour course and topping it off with good results in the test sheet. A big thank you to Tom Shilling (DriveSafe NT facilitator) on presenting the course over the 2 days and Chantelle Shaw (Senior Administration Officer, DriveSafe NT) on making this happen.

Group discussion around awareness

Marking of completion papers with some excited blokes

Ian McAdam, Darren Talbot & Cheyne Miles — Clontarf

What a face off it was! Learning about great Maths and watching Mrs De Kock and Dr Yoni go for the enactment of a live Maths application. With sit ups and push ups done to the nth degree. Year 10 and 11 Maths students enjoyed a riveting presentation as Dr Yoni from Queensland university talked of the practical uses and research opportunities for Maths beyond school into further studies.

Mr Goonan snuck in some brain food from Dominoes and our students were participative and interested asking a few questions and having a laugh at the old teachers having a Maths workout.

Eunice De Kock - Mathematics & Science Teacher
Another busy time for students at Alice Outcomes as they progress through Term 2. One of the highlights so far has been progress of a group of students working with Yvonne. Along with their literacy and numeracy subjects they have been completing a Stage 1 subject in Food and Hospitality. Part of this work involves preparing and cooking spaghetti bolognese, club sandwiches and finishing off with a 3 course meal; entree - Chicken and spinach dumpling, main - Lasagne and dessert - apple tarts. Staff from Bushmob and Centralian Senior College were invited and everyone enjoyed the fabulous food. Well done to those students who not only were learning valuable life lessons but were tasting the fruits of their labour.

Malcolm Solomano - Manager Alice Outcomes

The LOVE BITES program consists of two interactive education workshops on Domestic and Family Violence and Sexual Assault followed by creative workshops that consolidate the information from the morning. Last week, over 70 Year 10 students participated in the LOVEBITES Program. Discussion was vibrant, and students were enthused to explore and discuss the complex and difficult realities of domestic and family violence and sexual assault. Each student finalised their learnings by creating a Poster, promoting what they learnt throughout the program, or writing and recording a RAP song, delivering the message of healthy relationships.

Taegen Pascoe - School Counsellor
Alice Springs Language Centre

Chinese Immersion Trip

On April 7th, 2 students studying Stage 2 Chinese Continuers had the opportunity to travel to Fuzhou, China for ten days with Alice Springs Language Centre teacher, Zelingxiu Chen. During their time in China, the students visited the Buddhist Temple at Gushan Mountain, learnt about the process of tea making including trying to dry and prepare tealeaves and travelled to a remote town to experience everyday country life.

The group stayed with a traditional Chinese family which allowed them to experience the Chinese culture and family values from a different perspective as well as enjoy delicious home cooked meals. The students attended Fuzhou No. 3 High School where they participated in Chinese, English and music classes, giving them the chance to socialise with their Chinese peers as well as collecting important information for their end of year oral exams.

Overall the trip was a huge success and enormously valuable for students to practice their language skills and to immerse themselves into the culture of China.

Zelingxiu Chen — Teacher, Alice Springs Language Centre
Well done and many thanks to Clontarf, Girls Academy, students & staff. Who, joined by other staff, participated in the ANZAC Day march. Sabian McLaughlin-Liddle & Briar Roach laid our College wreath during the service on top of ANZAC Hill. There was great respectful community engagement again, following our excellent ANZAC assembly.

Several other Centralian Senior College students and staff attended the Anzac Parade proudly wearing their Pathfinder uniforms. All enjoyed the community spirit of the event and experiencing the ceremony once they reached the top of Anzac Hill. It was an emotional and educational event to witness.

Vicky Goude — Student Support

Follow the Dream (Polly Farmer) News

It has been a very busy few weeks for the Follow the Dream students. We had a fun time at the Dustbowl where students pitted their skills against each other in a game of bowling. It was a great afternoon and it was good to see the younger CMS students and the older Centralian Senior College students getting along so well.

In week 3 we were fortunate enough to work with Greg McAdam from IAD and Aboriginal Elders who shared some of their culture and stories with the group. We had two sessions out and about Alice Springs and one session back in the classroom. It was a wonderful three afternoons and the students and staff found the experience very interesting.

We welcome new students Kendall and Matilda to the program. Congratulations!

Next week we are off to the Alice Springs Desert Park on their Nocturnal Tour. We are working with visiting writers Meg Mooney and Nicole Gill who are part of the NT Writers Festival. It promises to be a very informative evening.

The students involved in the graphic novel project at the NT Writers Festival are presenting their work at the Olive Pink Botanical Gardens on Sunday, 21 May at 11am.

Michelle Francis - Polly Farmer
The Final of the Battles of the Bands was held in the Brown's Mart Theatre courtyard -on Friday 21 April 7:2017. The well prepared students made their way up to Darwin ready for the challenge. All performed well, giving their best. The competition, as always, was high and we are pleased to congratulate all competitors and members of the Centralian Senior College band ‘Juice’ who took out ‘runner up’ at the event. All performances can be viewed at the link listed below.

http://www.ntms.net.au/battle-school-bands

The school has installed a secure bike storage area that all students are able to access at all times but it has come to our attention that some students are choosing to secure their bikes to the outside of this facility rather than inside.

PLEASE NOTE BIKES ON THE OUTSIDE ARE LEFT AT THEIR OWN RISK
CDU Library welcomes CSC students. We’re also happy to accept purchase suggestions from CSC students who are trying to find new books to read. Just speak with the desk staff if you would like the library to purchase additional titles.

Kathryn Bailey - Liaison Librarian

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<tr>
<th>Semester Hours 2017 - 27 February to 16 June</th>
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<tr>
<td>Monday to Thursday</td>
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<td>Friday</td>
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<td>Saturday</td>
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<td>Sunday &amp; Public holidays</td>
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<th>Semester Break - 17 June to 16 July</th>
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<tr>
<td>Monday</td>
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<td>Wednesday, Thursday &amp; Friday</td>
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<td>Saturday, Sunday &amp; Public holidays</td>
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Social Media: it can hinder or help you succeed

Tips being offered to teens by THINQ GROUP, a national youth employment and career education specialist include:

Take It Down Needs to be Paired with Put It Up – Teens are often told over and over again by teachers and parents to get off Facebook, take down anything personal on social networks and make everything private. This can be a little bit unrealistic and needs to be modified. “Take down anything personal online” needs to be changed to “Take down anything that is inappropriate online and put up what you would like others to know about you, including prospective employers."

Create separate professional social networking profiles or manage your privacy setting to minimise ‘online stalking’. We’re not asking teens to create a new identity, but more so to separate the fun VS professional profiles.

Deciding on what laundry to air! It is important to identify what information should stay private, which includes personal details and photos. We always recommend an easy rule to remember when considering whether a post is appropriate – if you wouldn’t want your grandmother to see it, you shouldn’t post it!

It’s a Process – Teens need to understand that nothing is set in stone and everything should be flexible. As they go through transition and change, their online reputation also changes depending on what is written about them and how they respond to it.

www.thinqgroup.com.au

South Australian Tertiary Admissions Centre (SATAc) – Fact Sheets


Country Education Foundation

Starting uni is a huge milestone. But for regional and rural students added financial pressure can overshadow the excitement. The CEF’s University Survival Guide is a practical resource that makes heading off to uni a rewarding adventure for all students.

From financial support, to study hints and tips, to accommodation options; the guide is full of information to help students and parents successfully navigate and enjoy the transition to the big, wide world of further study. http://engage.cef.org.au/survival-guide/

International College of Hotel Management – Career Week 2017 10th – 14th July or 25th – 29th September

The International College of Hotel Management (ICM) prepares students for a successful career at the top end of the international hotel industry. ICM is the only Swiss Hotel Association school outside of Europe. For more information about what to expect at Career Week contact Ann Goodwin or ICM admissions@ichm.edu.au

Free call 1800 246 875 facebook.com/ICHMAUSTRALIA

Applications for 2018 ICHM Entry Scholarships close Friday 6 October 2017. As well as the major scholarships, valued at $30,000, ICM also awards bursaries to deserving applicants. Recent Centralian Senior College recipients are Kimia Jizan (2016) and Erika Hamilton (2015).

Tessa Rochefort, ICM’s Careers Counsellor, will provide more information about study options, industry placements and international career opportunities at Centralian Senior College on FRIDAY 11 AUGUST 2017.

Ann Goodwin — Course, Career and Transition Adviser
Stage 1 Year 11 Semester 1 Exams – 2017

Exam attendance is compulsory.
Students who are ill: Parents please contact the College on the morning of the exam and alternative arrangements will be made for students to complete any missed exam on their return to College.
Students should assemble 5 mins before the exam start time in the main foyer near entrance to the Gym.
Year 11 exams commence with 10 minutes’ reading time and are 1.5 hours in length.
Students should stay for the whole of the exam. No early exits.
All classes will run outside these exam times (ie if students are not sitting an exam, they attend normal classes).
Students are to attend classes up to and including Friday 23 June (last day of Term 2).

<table>
<thead>
<tr>
<th>Year 11</th>
<th>Teacher</th>
<th>Time</th>
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<tbody>
<tr>
<td>Pre Mathematical Methods</td>
<td>De Kock Smith</td>
<td>Thursday 8 June</td>
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<tr>
<td>Pre General Mathematics</td>
<td></td>
<td>10:40 am - 12.20pm</td>
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<tr>
<td>Pre English Literary Studies</td>
<td>Harding Dutton</td>
<td>Friday 9 June</td>
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<td>10:40 am - 12.20 pm</td>
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<tr>
<td>Specialist Maths</td>
<td>Soni</td>
<td>Friday 9 June</td>
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<td></td>
<td></td>
<td>1 – 2.30 pm</td>
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<td>Physics</td>
<td>Sellar</td>
<td>Tuesday 13 June</td>
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<tr>
<td>Psychology</td>
<td>Yeaman Hunt</td>
<td>8:30 - 10:40am</td>
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<tr>
<td>Biology</td>
<td>Soni</td>
<td>Wednesday 14 June</td>
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<td></td>
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<td>8:30am - 10:10am</td>
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Note: All Language exams will occur in classes in week 8.
All Pre Essential Maths exams / topic tests will occur in classes.
2017 Year 10 Exams  -  Week 9

Exam attendance is compulsory.

Students who are ill: Parents need to contact the College on the morning of the exam and alternative arrangements will be made for students to complete any missed exam on their return to College.

Students should assemble **5 mins before the exam start time** in the main foyer near entrance to the Gym.

Year 10 exams commence with 10 minutes’ reading time and are 1.5 hours in length, unless indicated.

Students should stay for the whole of the exam. **No early exits.**

All classes will run outside these exam times (ie if students are not sitting an exam, they attend normal classes).

Students are to go to lessons 1 and 2 on Thursday 15 & Friday 16 June

Students are to attend classes up to and including Friday 23 June (last day of Term 2).

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<thead>
<tr>
<th>Year 10</th>
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<td>Maths</td>
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<td>Gaces (1 hr)</td>
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<td>Goonan</td>
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<tr>
<td>English</td>
<td>Lau</td>
<td>Friday 16 June</td>
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<tr>
<td></td>
<td>Marshall</td>
<td>10:40 am – 12:20pm</td>
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<td>Fennell</td>
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*Note that all Language exams will occur in classes in week 8*
How to talk to young people about 13 Reasons Why

Headspace School Support has released a growing number of concerns from schools and parents across Australia about the recently aired Netflix series ‘13 Reasons Why’. While some people believe the show allows young people to manage their emotional responses to the show and supports them in understanding and coping with these experiences, others believe it can be harmful.

For instance, the show depicts a young woman who kills herself after outlining 13 reasons to why she decided to commit suicide. This portrayal may cause harm and may normalize suicide.

The series also suggests that suicide is not a common or normal response to life's challenges and that there are other ways to cope. It encourages people to seek help for their mental health and provides details on where to get help. Headspace is committed to supporting young people and their families to manage their mental health and well-being.
| 1. | The show portrays suicide as a way to escape. This can trigger a debate about whether the character makes others feel responsible for their death. |
| 2. | The show exposes graphic and distressing scenes of suicide, which may be overwhelming and distressing for young people. Research shows that people who have been affected by suicide frequently experience blaming and guilt, and this can increase the risk of mitigation.
| 3. | The show portrays suicide as a hero. This can make young people feel that their actions are justified or that they have a right to die.
| 4. | The show portrays suicide as a solution to life's problems. This can make young people feel that they have no other options and that they are stuck in their current situation.
| 5. | The show portrays suicide as a way to escape from pain. This can make young people feel that suicide is the only way to cope with their problems.

**What are people concerned about?**

- Risk of imitation
- Risk of mitigation
- Risk of contagion
- Risk of evacuation

**What does this research say?**

- Research clearly shows that exposure to detailed descriptions of suicide can increase the risk of imitation for vulnerable young people.

**How can I talk to a young person about this?**

- Acknowledge that young people may be distressed by the show and that these feelings are normal.
- Remind young people that the show is a work of fiction and that it is not meant to be taken literally.
- Explain that suicide is a serious and tragic event that can have far-reaching impacts on others.
- Avoid using negative stereotypes about the suicide as a ‘selfish’ or ‘immoral’ act.
- Emphasise that suicide is never a hero’s act and that people who suicide do not get to witness others die.
- Remind people that the show is not true and that there are resources and support available to those who need them.
- Encourage dialogue and social media, and remind young people to be sensitive to the feelings of others when discussing suicide, including their own.
- Encourage family and friends to support and care for their loved ones.

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**Text Message:** 0427 135 122  **Website:** www.centralianseniorcollege.com.au